

Oncor's Live Well Incentives

The following chart highlights the Live Well Incentives for 2022.

Note that those participants in the HSA Medical Option who are 65 or will reach age 65 in 2022 will receive their incentives as taxable cash in their paychecks.

2022 INCENTIVE OPPORTUNITIES	WHO Can Do It	WHAT You Get	
Annual Physical with Biometric Screening* Incentive	HSA and HRA Participants	\$100 for You	\$50 for Your Spouse
Healthy Incentive (Biometric Results or Health Coaching)	HSA and HRA Participants	\$500 for You	\$250 for Your Spouse
Live Well and Amp It Up Challenges Will Be Announced Soon!			
Live Well Incentives — Four Live Well Incentives: \$100 each	All Employees	Up to \$400 for You in Your HSA, HRA, or Paycheck When You Complete All Live Well Challenges	
Amp It Up Incentives — Four Amp It Up Incentives: \$250 each	HSA and HRA Participants	Up to \$1,000 for You in Your HSA or HRA When You Complete All Amp It Up Challenges	
Automatic Oncor Medical Contributions	HSA and HRA Participants	\$250 for "You Only"	\$500 If You Elect Coverage for either "You + Spouse," "You + Child(ren)," or "You + Family"

* To ensure more accurate results, you must fast for at least eight (8) hours prior to your screening appointment. Continue taking medication as directed and drink plenty of water.

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Need a Physician Results Form?

- Check this envelope.
- Download a form from oncorbenefits.com/ee, the Oncor Intranet at Live Well/Benefits, or the Navigate Live Well site at oncorlivewell.com.
- Call Cover-Tek at **1.817.329.6900** and request a form.

For Scott & White Health Plan Participants

For 2022 only, you will automatically receive the Healthy Incentive if you submit the *Physician Results Form* with your Annual Physical with Biometric Screening results by the timeline shown above.

INCENTIVES SCHEDULE

Take a *Physician Results Form* to your doctor's office when you have your annual physical with biometric screening. In order to receive funding of your incentive in late January 2022, you must have completed your Annual Physical with Biometric Screening with your physician and submitted your *Physician Results Form* to Cover-Tek by **August 31, 2021**.

Otherwise, you can complete and submit the form before **December 31, 2021**, to receive funding in late April 2022.

The completed forms should be submitted by fax to **1.817.416.2300** or by email to Texas@cover-tek.com.

Cover-Tek validates your biometric results, and you meet the Healthy Incentive requirements if you:

- Have less than three health risk factors, OR
- Complete a health coaching program by **December 31, 2021**, for funding in late April 2022, if you have three or more health risk factors. If you are unable to participate in a coaching program due to medical reasons as certified by your doctor, Oncor will consider a reasonable alternative recommended by your doctor.

For more information, review the **Live Well/Incentive Opportunities** posted on the Oncor Intranet, the Navigate Live Well site at oncorlivewell.com, and on oncorbenefits.com/ee.

ABOUT HEALTH COACHING PROGRAMS

For 2022, you may participate in a Health Coaching Program if your Annual Physical with Biometric Screening shows three or more risk factors and you are enrolled in one of Oncor's medical options. These are:

Omada

Designed to inspire healthy habits that last, Omada could help reduce your risk for type 2 diabetes and heart disease. To learn more, log on to omadahealth.com/oncor.

Wondr Health

Enjoy foods you love without counting calories or having restrictions. This personalized, digital experience and Wondr app includes weekly master classes and built-in three simple stages for lasting results. To learn more, log on to wondrhealth.com/Oncor.

BSW

This four-session program offers personal, one-on-one coaching sessions to help you set reasonable health goals. Coaching sessions are primarily done by telephone at a time convenient for you. To learn more, email corporatewellness@bswhealth.org.